PHYS ED TERM 4

Prep

This term, students will transition from PMP activities to more structured skill development through group drills, paired activities, and modified games. They will refine bouncing, catching, passing, overarm throwing, and two-handed striking while developing coordination, ball control, timing, spatial awareness, and teamwork.
Students will apply these skills through court, net, batting, and fielding activities while developing an understanding of rules, boundaries, fair play, cooperation, and positive participation in competitive and cooperative settings.

Year 1s

Students will continue developing their fundamental movement skills through structured drills, paired activities, and modified games, focusing on bouncing, catching, passing, overarm throwing, and two-handed striking. They will develop greater control, accuracy, timing, spatial awareness, and confidence while working independently and with others.
Students will apply these skills through court, net, batting, and fielding activities, developing simple decision-making, game awareness, and an understanding of rules and boundaries. They will also demonstrate cooperation, fair play, resilience, and positive sportsmanship.

Year 2s

Students will develop key movement skills including dribbling, passing, catching, and shooting through individual, paired, group, and modified game activities. They will build coordination, ball control, confidence, and teamwork while applying skills in different situations and making simple decisions about movement, space, and passing.
Students will also experience winning and losing in a supportive environment, developing resilience, cooperation, rule awareness, and positive sportsmanship while responding appropriately to success and setbacks.

Year 3s

Students will develop and refine batting and fielding skills through Cricket and Tee-ball, with a focus on striking, throwing, catching, and fielding. Through drills, modified games, and team activities, students will improve accuracy, coordination, agility, and awareness of space while applying skills in game situations. They will develop their understanding of rules, strategies, teamwork, and sportsmanship while learning to respond positively to success and setbacks.

Year 4s

Students will refine and apply Cricket and Tee-ball skills, with increasing focus on accuracy, consistency, positioning, and decision-making. Through modified games and match situations, students will apply batting, bowling, throwing, catching, and fielding skills while communicating and adapting to changing situations. They will develop tactical awareness, teamwork, resilience, self-control, and positive sportsmanship while demonstrating respect for teammates, opponents, and officials.

Year 5/6s

Students will develop their Cricket and Tee-ball skills in preparation for interschool sport opportunities. They will apply advanced batting, bowling, throwing, catching, and fielding skills through competitive game situations, with an emphasis on tactical decision-making, positioning, communication, and consistency. Students will demonstrate effective teamwork, resilience, self-control, and sportsmanship while adapting to different game situations and responding positively to both success and setbacks.