



PREP DISCOVERY TIME



TERM 1 2026

During Prep Discovery Time sessions this term, students will focus on developing social skills within the school setting through hands on, play based learning experiences.

Students will explore thoughts, feelings and emotions, helping them to identify their own emotions and recognise the emotions of others. They will practise working together as a team and learn about the school's CHEER values through group activities and mindfulness experiences.

Students will also develop their fine motor skills through a variety of activities designed to strengthen hand muscles and improve co-ordination.



Teacher: Jenny Farrelly

