

# 4th Term in Phys Ed

## Prep

The students in Term 4 will be introduced to Two Hand Striking (Batting sports). In conjunction with Two Hand Strike students will extend their catching skills to include ground ball collection. Preps will also have exposure to the fundamentals of Net based sports such as Volleyball & Badminton without the use of racquets but rather catching and throwing they have been working on in Term 3.

## Grade 1s & 2s

In Term 4, students in both Grade 1 and 2 will develop their knowledge and skills of Two Hand striking (Sports that have batting) with inclusion of ground ball handling and overarm throwing. Students will practice hitting the ball from a static position and getting exposure to a moving ball.

Later in the Term, Volleyball is a focus. Students will play mini modified version of Volleyball called Newcomb – a catching/throwing version of the sport. Students will look at game sense within a court, spatial awareness and adjudications during a game.

## Grade 3/4s & 5/6s

The last term of the year in preparation for Interschool Sports 2025, Phys Ed will cover skills, game sense and rules knowledge of Volleyball, Cricket and Teeball which all feature in the Summer sports category of Interschool sports. Following on from that, in latter half of the term, Keelonith will strive to begin 2025 Term 1 Interschool sports team selections in the inclusion of the Grade 4s.